



ASPIRE stories

Lambert Mutangana

Once excluded and overlooked because of his disability, Mutangana Lambert grew up in a world that often underestimated his potential. Many saw limitations. Lambert saw purpose.

Today, he is a Youth Champion with the Aegis Trust, dedicating his life to empowering vulnerable children, young people, and families facing hardship. His journey from exclusion to advocacy is a powerful reminder that our deepest struggles can become the foundation for meaningful change.

As a child, Lambert was often seen as incapable of achieving anything. But he refused to let those perceptions define his future. Through determination and resilience, he pursued his education proving that his voice matters, and that he has something valuable to contribute.

His turning point came when he moved to Save Sector in Gisagara District for his studies. There, he encountered children suffering from malnutrition and families struggling not only with poverty, but also with conflict and instability at home. Their reality reflected parts of his own past and stirred in him a deep sense of responsibility to act.

Through Peace and Values Education (PVE) training, Lambert found more than knowledge; he found direction, purpose, and the tools to turn empathy into action. Together with fellow trainees, he co-founded Impumeko z'Amahoro Arambye, a youth-led initiative working to improve both family wellbeing and community peace.

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“I grew up being told I could not do anything. But through PVE, I realised my story was not a weakness; it was my strength. Today, I use what I went through to bring peace into families and help children grow healthy and safe.”

With support from Aegis, Lambert and his team work closely with local leaders and health centres to identify and support vulnerable families. Their approach is holistic, combining nutrition, education, peacebuilding and community support. The impact is visible. “Many families feel abandoned,” Lambert explains. “Their children suffer from malnutrition not only because of a lack of resources, but because there is no peace at home.”

Health professionals in Save have seen clear improvements as families learn how to prepare nutritious meals, establish kitchen gardens, and rebuild harmony within their households. Children are healthier. Homes are more stable.

For mothers like Iradukunda Nadine, the change has been life-changing. After joining the programme with her six-month-old baby, she not only improved her child’s nutrition, but also restored peace in her family. “They helped me live in peace with my husband,” she shares. “Now we are working together to ensure our child grows up healthy.”

Lambert’s work goes beyond immediate needs; it is building a future. By linking health, education, and peace, Impumeko z’Amahoro Arambye is helping families break cycles of conflict and vulnerability, laying the foundation for more resilient communities.

Lambert’s journey is powerful not only what he has achieved, but what he represents. He is proof that being excluded does not mean being powerless. That lived experience, even the most painful, can become a source of strength, empathy and leadership.

Today, Lambert is not only changing lives; he is reshaping perceptions, breaking barriers, and building hope. And reminding us all that sometimes, the people society overlooks are the very ones who lead us forward.

